



serving
the injured
worker
since 1933

MARKHOFF &
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M&M News

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Welcome to our NEW Monthly Newsletter

We're pleased to introduce this new monthly newsletter and take this opportunity to let you know about all the new and exciting things happening at Markhoff & Mittman, PC.

For starters, we're pleased to announce that Managing Partner, Brian Mittman, has been named as Co-Chair of the New York Workers Association Compensation Alliance. Congratulations, Mr. Mittman!

We're also pleased to announce the publication of Mr. Mittman's new book, 5

Deadly Sins That Can Derail Your New York Workers' Compensation Case — Avoid Them and You May Have a Shot at Receiving Benefits!

which helps injured workers understand their rights and the obstacles they face when dealing with insurance companies, the Workers compensation Board and employers.

We've published a guide especially for New York City Department of Corrections Uniformed Employees and we're also pleased to let you know about our new Fast Facts issues, online reports

designed as a quick reference to answer questions you might have. The first issue takes a look at the onetime \$250. economic recovery payment. You'll find all this and more inside this newsletter.

We want to hear from you. Please e-mail your comments and any suggestions for this newsletter to JFogelson@markhofflaw.com. Please include "Newsletter" in the subject line.



Mittman Asked To Co-Chair New York Workers' Compensation Alliance

Leadership of the New York Workers' Compensation Alliance (WCA) was turned over to Brian Mittman and fellow attorney Victor Pasternack this past March. In their new roles, Mittman and Pasternack will focus on pushing

the 2009 WCA Legislative Agenda and continued expansion of the WCA fundraising capabilities. With the new leadership in place, the WCA remains committed to fighting for and expanding the rights of injured workers

in New York. The New York state Workers' Compensation Alliance is a coalition of injured workers and other stakeholders committed to protecting the rights of injured workers under the NYS Workers Compensation Law.

Visit our website at www.markhofflaw.com

5 Deadly Sins That Can Derail Your New York Workers' Compensation Case



Written by Brian M. Mittman, NY Workers' Compensation Attorney

In **5 Deadly Sins That Can Derail Your New York Workers' Compensation Case — Avoid Them and You May Have a Shot at Receiving Benefits!**

Brian Mittman addresses key issues including myths about workers compensation claims, tips for finding a qualified workers compensation attorney; explanation of why workers compensation is not a lawsuit; why you must disclose past accidents and injuries to your lawyer, as well as tactics the insurance companies use to deny you benefits. Mittman also helps workers understand the pros and cons of

hiring an attorney to represent their case, including the real story behind attorney's fees. Mr. Mittman wrote this book for those who find themselves in the complex situation of dealing with an anti worker insurance industry and the giant bureaucracy known as the Workers Compensation Board. And, to provide employees with good information they can read in the quiet of their own home BEFORE hiring a lawyer and talking to the insurance adjuster. **Call us at 866-205-2415 to request your FREE copy.**

"If you prefer a **FREE** personal consultation with one of our attorneys, please **call us toll-free at 1-866-205-2415.**"

How Can This Newsletter Best Serve YOU?

At Markhoff & Mittman, our single focus is helping YOU, whether in the field of workers' compensation law or social security disability law. We are introducing this newsletter to provide a vehicle of communication so that we can keep you up-to-date on the latest developments in workers' compensation benefits and social security disability payments and offer answers to questions you may have before even considering to file a claim. We will

also feature an "ask the attorney" section designed specifically to answer your questions, "question of the month" and include a section on cases so that you can learn more about what we're doing. What else would you like to see featured? E-mail your suggestions to **JFogelson@markhofflaw.com**. Or, if you prefer a **FREE** personal consultation with one of our attorneys, please **call us toll-free at 1-866-205-2415**.

Question of the Month

Q: If I Pay For Transportation To and From My Doctor, Can I Get Reimbursed From My Insurance Company?

A: Yes, you can be reimbursed for out of pocket expenses and mileage. Be sure to keep track of your mileage! If you have to pay out of pocket to travel to

and from a doctor due to a work related injury, you can receive a reimbursement whether you travel in your car, you pay a friend, you take a taxi or travel on the train or bus. Each year the New York State Workers' Compensation Board adjusts the amount of reimbursement per mile based on the state standard for government workers. **Visit our website, www.markhofflaw.com for specifics.**



Everything You've Always Wanted to Know About Workers' Compensation, But No One Ever Told You!

Everything You've Always Wanted to Know About Workers' Compensation, But No One Ever Told You!

is a quick guide to Workers' Compensation for New York City Department of Corrections Uniformed Employees. Markhoff & Mittman's Managing Partner, Brian Mittman, prepared this information booklet to serve as a step by step "what to do" guide for Uni-

formed Staff injured on the job. It will help you understand what needs to be done if you are injured and to protect your rights under the law. The major 2007 reform changes and new forms are outlined in this guide. **To request your FREE copy, call us toll-free:**

866-205-2415



Fast Facts Report — What Does What Does the Stimulus Package Really Mean for You....

This new online report, [Social Security Benefits—What You Need to Know](#) provides the basic facts behind the \$787 billion national economic "stimulus" package President Obama signed this past February. We prepared this report to help you gain a better under-

standing of the Recovery and Reinvestment Act of 2009 which provides for a one-time economic recovery payment of \$250. which will be sent to the 55 million social security beneficiaries who were eligible for benefits at any time during the months of November and December 2008 and Janu-

ary 2009. This includes individuals who receive Social Security, Supplemental Security Income, Railroad Retirement and/or Veteran's Benefits.

To receive your FREE report visit our website at **www.markhofflaw.com**.

"If you prefer to speak to us about your social security disability insurance right now, **call us toll free at 1-866-205-2415.**"

Markhoff & Mittman in the Community

As part of our mission to help injured workers, we focus on getting ourselves out in the community to meet local residents and have the opportunity to talk to you about what we do BEFORE you become injured or disabled. We were recently seen at the waterfront

in Port Chester supporting their local Spring Festival and are running a number of monthly seminars into Fall at the Don Bosco Community Center in Port Chester. If you are aware of an event in your community where we can participate, please send an e-mail to:

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Ask the Attorney



Brian M. Mittman,
Attorney At Law

Question: Why Choose Markhoff & Mittman?

Answer: Markhoff & Mittman was founded in 1933 on the idea that people who are injured on the job should be treated with respect. Our firm has been on the forefront of workers disability for almost seventy-five years. Today we are as committed as ever to helping people who have been injured in the workplace recover the compensation that will allow them to move on with their lives. Markhoff & Mittman is dedicated to helping people secure compensation for workers' compensation claims, social security disability, supplemental security income, New York City and state retirement disability, and serious personal injury cases. You can depend on us to take care of your injury claim, accident claim, workers compensation claim, or disability claim no matter how complex. We specialize in one area and one area only: helping injured workers receive the benefits to which they are entitled. Feel free to call us today for a FREE no obligation legal consultation at 1-866-205-2415 to discuss your situation.

Visit our website at www.markhofflaw.com